



## Issue 30

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### **Axiatonal Alignment Class**

- A special reduced rate for those that have come for Reiki training.
- A powerful technique
- A certificate that enables you to teach

It's always great to be able to offer clients that come to you other things that will benefit them. An Axiatonal Alignment is easy to learn (in one day), simple to do (takes about 15 minutes) and extremely effective. It's a great add-on to a Reiki session (actually given before the Reiki Session). **Once you learn it, you can also teach it!**

An Axiatonal Alignment is a simple yet powerful "tune up" of the energy systems associated with the physical body. The easiest way to understand it is to imagine what happens to your leg when you manage to "sit" on it for a while... it may become numb, or painful or "fall asleep" or you feel "pins and needles". When you realize what's happened, you begin to move around and the circulation returns - your leg starts to "wake up".

Well, your "energy circulatory system" can fall asleep too. We talk a lot about blockages in Reiki training and an Alignment can address these – in both you and your client. Yes you too! Have you been getting Reiki Treatments for yourself? Hey - some energy pampering may be long overdue!

While an Axiatonal Alignment is deeply relaxing and very gentle, it's also a powerful healing modality that works along the meridian lines of the body. It rejuvenates at all levels and is a means of waking you up and re-connecting you to your Higher levels of Self.

We get people coming for treatments asking for Chakra balancing or help with negative emotions. Axiatonal Alignment does that and much more:

- Opens meridian channels and removes blockages
- Balances chakras and the polarity of the body
- Shields the energy system of the body from negative energy
- Release any physical, emotional or spiritual limitation
- Balances, relaxes, rejuvenates and harmonizes the body
- Clears negative emotional patterns
- Deeply relaxes, encouraging a sense of well being on all levels: mental, emotional, physical and spiritual
- Enables the ability to meditate deeply, for those who meditate
- Powerfully boosts the effects of other therapies such as Reiki, Massage and Reflexology
- Balances, centers and focuses
- Helps to resolve issues through vivid dreams and memory flashbacks
- Eliminates old thought patterns and behaviours and help to find new ones that are more appropriate and positive.

A treatment lasts about 10 to 20 minutes and is done in three parts:

1. The first part clears the meridians or Axiatonal Lines of blocked energy allowing for the free flow of energy
2. The second part of the treatment is done to balance the right and left sides of the body and brain
3. The third part of the treatment reconnects the client to the Christ Consciousness grid

The Axiatonal Alignment Practitioner systematically moves from your head down to your feet gently "tapping" on specific "spin" points along the body that lay along meridian lines. Spin points are small vortices of energy that emit light and sound frequencies. Then the Axiatonal lines are lightly traced either on or just above the physical body.

Axiatonal Alignment can be used for anyone and everyone!

## Classes

We've scheduled a special class just for those that have taken Reiki classes with us. Axiatonal Alignment classes are one day sessions (9 – 4) and usually cost \$130.

We've set aside a special class just for you and our past and future students (yes, for those that have registered for upcoming classes, you can come too). The cost is greatly reduced to **\$95!!** We want you to have

Here's what you'll get:

- A **free** Axiatonal Alignment prior to the class – call for your session. Makes sense – we want you to experience this for yourself
- A detailed manual outlining steps
- A certificate
- The ability to expand your service options and give sessions
- The ability to teach Axiatonal Alignment to others.

The class is on Sunday, June 26<sup>th</sup>. Please give us a shout at 905-785-2990. We're looking forward to seeing you.

## Spoonbending

Okay, it's best not to get hung up on the "spoon-bending" although that's a fun part.

What if you could grab energy from around you and let it work for you to get you the things that you want in life. This energy that surrounds you is so powerful that you'll be able to bend solid metal with it – with no effort! Now imagine, with no effort, using it to benefit you.

This class is fun, exciting, eye opening, life-changing changing and a bit crazy.

Feedback from past participants is always positive. They talk about increased income, positive relationships, trips, happiness and more.

Take your use of energy to a whole new level.

Our next class is Sunday, May 29<sup>th</sup> from 1 – 4 p.m. It's \$67.00.

Give us a shout as soon as you can please.

## Becoming a Reiki Master

If it's time you'll just know.

It's not just about teaching.

It's about taking another step.

It's about reaching a level that you can use as a foundation for all your development to come.

The progression to becoming a Reiki Master is related to many decisions and life circumstances. In the past, it was thought that only those wishing to teach Reiki would ever decide to become a Reiki Master. However, so much more is involved.

Becoming a Reiki Master enables a Reiki Practitioner to:

- Increase the level of Reiki energy dramatically
- Access other powerful symbols that increase the energy and effect of all symbols
- Utilize other methods for utilizing and sending Reiki
- Attune others to Reiki
- Create a foundation from which to advance spiritually
- Teach Reiki

The joys of becoming a Reiki Master are many and you don't necessarily have to teach at all in order for the Master training to be useful. The additional healing energy, symbols, techniques and knowledge will add great value to your healing abilities. Treating yourself, giving yourself and others healing attunements and treating others in person and at a distance will all be noticeably improved.

Perhaps the fact that you can pass on Reiki to friends and family is the most wonderful aspect. Many take the Master training with just this in mind. Imagine being able to attune your spouse or family members to Reiki. One-to-one informal conversation and direction, a review of the manual and an attunement is a wonderful way to pass on the benefits of Reiki to those that you love. Imagine the thrill of witnessing your family members receiving Reiki energy during their attunement. Then, as you guide them in its use, you will share in their joy and amazement as they experience its wonderful, gentle power flowing through them for the first time. We always enjoy hearing family members talk about their new sensations.

Reiki is especially beneficial to those that may have an illness or problem or know of someone who does (eg. many Reiki Practitioners attune their elderly

parents or family members who have a serious illness) so that they can treat themselves or be treated.

However, if you ever decide to formally teach, you'll be able to do so. And as each person takes the Reiki Master training, and increases their personal vibration, this adds to the vibration of the whole planet! Every step you take that links to the spiritual nature and universal energy affects everyone.

The mindfulmatters class not only enables you to increase your level of Reiki energy, but outlines:

- How to use pendulums
- Healing with crystals
- Working with angels
- Developing your psychic abilities

And so much more.

The next class is August 19-21. Please let us know if you're interested by giving us a shout. And yes, if it's your time to take this step, then talk to us about finances. As you know, we'll always make arrangements for you.

### **Energy Experiment**

Just as we always encourage everyone to constantly use their Reiki, we want everyone to have fun with energy. Doing so only reinforces the fact that we can constantly change our lives by using this wonderful energy around us.

One of our past students (Crystal) recently loaned us a book called "Hidden Messages in Water." It's about a scientist (Masaru Emoto) who has been conducting experiments with water crystals. He would wrap one bottle with paper with the word Love on it. He would wrap another with the word Fool. After a certain time period, he would freeze the water and extract crystals (it's a complicated process). The photographs and the stories in this book are startling. The water affected by positive words had beautiful crystals shaped like snowflakes. The others affected by negatives, had misshapen crystals, ugly deformed crystals.

Now, since we are mostly made up of water, it gets you to think about the effects of positive and negative words that we use and express towards each other.

A simple experiment, also conducted by another scientist and which you can do was to get three tomatoes. Every day and throughout the day he would say the word love and express loving thoughts to the first tomato. To the second tomato, he would call it a fool and express negativity. The third tomato was ignored completely.

This sounds like a very simple experiment but the results can be dramatic.

In another experiment that you can do to utilize your Reiki, get three glasses and fill them with water. Symbol and then Reiki the first glass of water for at least 15 minutes. Place a crystal in the second glass and have only water in the third. Now place a small tomato in each glass and leave them, monitoring them each day until you see changes.

Have fun with this and let us know what happened. If you have the chance, buy the book. It's an easy read and very enlightening.

### **Special Angels for Animals**

It's not always about us. Especially now that the warmer weather is here, we get outside more and come into contact with more animals. There are angels that look after animals and can be called upon to help them.

While we can Reiki animals directly, including our pets, there may be an injured animal or one that cannot or does not want to be touched. Beaming Reiki is a wonderful thing to do. In addition, call upon angels to provide assistance.

One is the Archangel Ariel (who I just can't help but see as the little mermaid with wings – I've been brain washed!). Call out to her in your mind or if you're alone out loud, identify yourself and ask her to provide assistance to the animal. Many have reported "feeling" her presence. And then give thanks.

Another is the Archangel Raphael, who is the buddy to Reiki practitioners and often makes himself known. When giving animals Reiki or if you wish to assist an animal in physical distress, call upon Raphael and ask for assistance and then give thanks.

They're waiting for you to call on them – it's that simple!

### ***Quote of the day...***

***There are two ways of spreading light;  
to be the The Candle or the mirror that reflects it.***

***Edith Wharton***